

Travel Health and Safety Information

The Center for Disease Control (CDC) provides detailed Health and Travel Vaccination Information for travelers to South Africa. The U.S. Department of State provides country-specific information about Safety and Security for South Africa. Your health care provider can help you determine what travel immunizations are appropriate. Below are links and information for these web sites and information about local immunizations:

- **Center for Disease Control (CDC):** http://wwwnc.cdc.gov/travel/destinations/traveler/none/south-africa?s_cid=ncezid-dgmq-travel-single-001.
Contact CDC with questions by telephone at 1 800-232-4636.
- **U.S. Department of State:** <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/SouthAfrica.html>.
- **Health Care Provider:** Contact your health care provider for recommendations about travel vaccinations. Find out if your doctor provides these immunizations and how much immunizations cost. Travel immunizations are not a covered expense by many health insurance providers. However, some health insurance providers report that travel immunizations are a covered benefit with a member's typical co-payment.
- **Immunizations in L.A. County:** For information about no cost or low cost vaccinations in L.A. County contact Los Angeles County Department of Public Health Immunization Program at (213) 351-7800 or <http://publichealth.lacounty.gov/ip/clinics.htm>.