



# AMAZON RIVERBOAT EXPLORATION



# PLANNING CHECKLIST

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### IMMEDIATELY

- Make sure you understand and agree to Earthwatch's **Terms and Conditions** and the **Participant Code of Conduct**.

### 6 MONTHS PRIOR TO EXPEDITION

- Complete and submit your Earthwatch volunteer forms and other documents. Your forms can be downloaded from the Picerne Family Foundation website at [www.picernefoundation.org](http://www.picernefoundation.org).
- Make sure your passport is current and, if necessary, obtain a visa for your destination country.
- Bring your level of fitness up to the standards required (see the Project Conditions section).

### 90 DAYS PRIOR TO EXPEDITION

- Make sure you have all the necessary vaccinations for your project site
- Review the packing list to make sure you have all the clothing, personal supplies, and equipment needed.

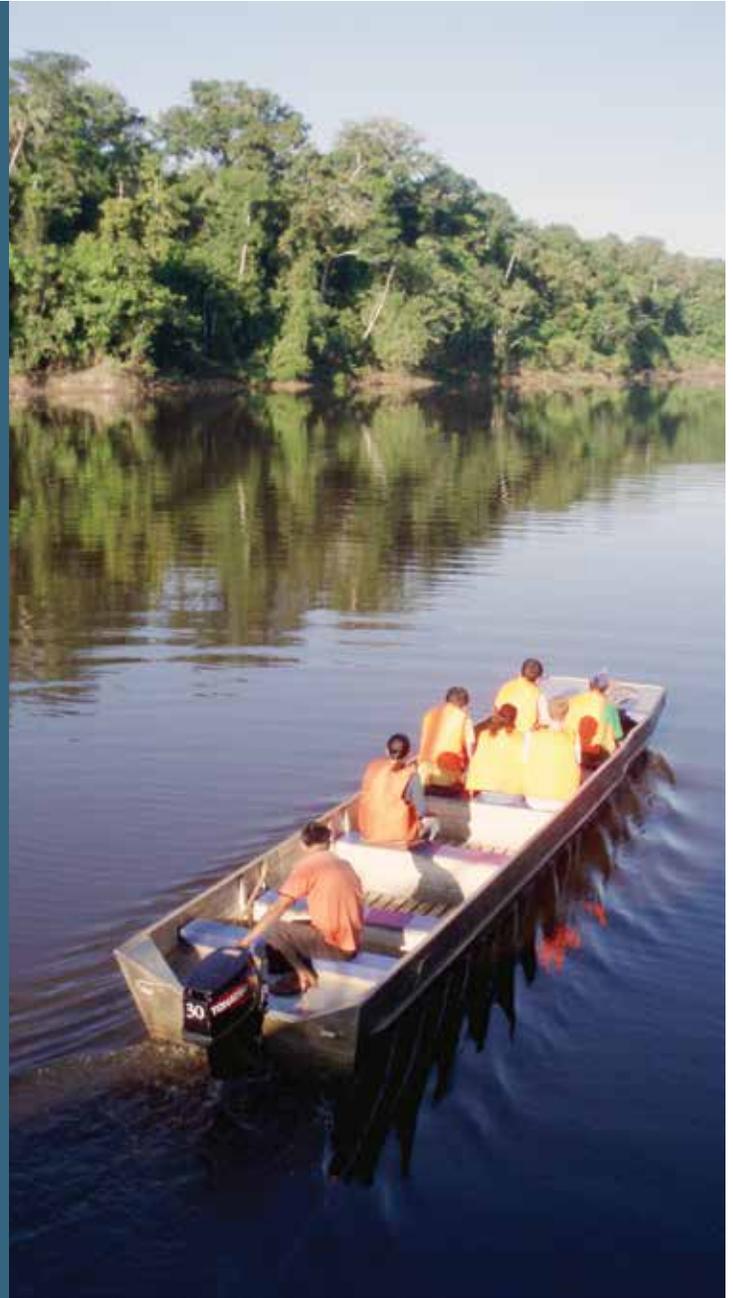
### 30 DAYS PRIOR TO EXPEDITION

- Leave the Earthwatch 24-hour helpline number with a parent, relative, or friend.
- Leave copies of your photo ID and flight reservation number with a parent, relative, or friend.

**READ THIS EXPEDITION BRIEFING THOROUGHLY.** It provides the most accurate information available at the time of your Earthwatch scientist's project planning, and will likely answer any questions you have about the project. However, please also keep in mind that research requires improvisation, and you may need to be flexible. Research plans evolve in response to new findings, as well as to unpredictable factors such as weather, equipment failure, and travel challenges. To enjoy your expedition to the fullest, remember to expect the unexpected, be tolerant of repetitive tasks, and try to find humor in difficult situations. If there are any major changes in the research plan or field logistics, Earthwatch will make every effort to keep you well informed before you go into the field.

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# NOTE FROM THE PI

## DEAR EARTHWATCHER

Welcome to the *Amazon Riverboat Exploration* expedition! Our research boats in the Peruvian Amazon and our friendly team of researchers, conservationists, and crew warmly welcome you as we undertake an expedition to the Samiria River of the Pacaya-Samiria National Reserve. The Samiria River basin is a flooded forest ecosystem that has truly exceptional wilderness and some of the greatest diversity of animals and plants on Earth. These forests are a continuum between the terrestrial and aquatic ecosystems that form a unique and very important part of the Amazon. Your participation in this research expedition plays a vital part in helping to conserve this important area, and the information you collect will be used by the protected area and the Cocama Indigenous Nation to improve their conservation strategies.

The Samiria River site is situated deep within one of the largest protected areas in Peru. The travel time to Samiria totals around two days. The Samiria site has an abundance of aquatic and terrestrial wildlife; it has one of the greatest dolphin densities of any Amazonian river, recovering giant river otter and black caiman populations, a successful turtle recovery program, and healthy populations of primates and other mammals and birds. The local Cocama people are involved with the conservation activities and play a major role in helping to save the rainforests. Over the past five years the Amazon has undergone changes from climate change, with greater levels of flooding interspersed by occasional droughts. The project is investigating how this climate change is impacting the wildlife and local people, and is working closely with the Peruvian government on its national policy of climate change.

We look forward to welcoming you aboard!

Richard Bodmer

Professor in Conservation Ecology, Durrell Institute of Conservation and Ecology

University of Kent

President, FundAmazonia

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# THE RESEARCH

## AMAZON RIVERBOAT EXPLORATION



### THE STORY

This project is at the cutting edge of understanding climate change and wildlife in western Amazonia. The long-term data set of the project helped discover how recent climate fluctuations characterized by successive intensive floods and occasional droughts impact aquatic, terrestrial and arboreal species in flooded forests (Bodmer et al. 2016). Findings from the project are being used to develop sustainable adaptations and conservation mitigation strategies by local people (Bodmer et al. 2014). The progress made by the project towards the long-term goals has discovered recent impacts of climatic fluctuations on wildlife and people in flooded forests of the Peruvian Amazon. The drought in 2010 caused decreases in fish, dolphin and wading bird populations. The consecutive intense floods that began in 2011 have resulted in dramatic declines of ground dwelling terrestrial mammals, such as peccaries, deer, large rodents, and edentates. In Loreto, Peru (382,000 km<sup>2</sup>) an estimated 2,000,000 mammals have died from the impacts of recent extreme floods. This is 100 times greater than other current causes of mammalian mortality and 10 times greater than the historic peak in mortality during unregulated commercial hunting in the 1960's. The livelihoods of indigenous people in flooded forests have changed, since bushmeat is for the most part no longer available resulting in a greater vulnerability in people's food security.

The recent mortality of over two million terrestrial mammals is producing a paradigm shift in the ecology of flooded forests and livelihoods of indigenous people (Bodmer et al. 2016).

Since 2006, the Earthwatch-supported Amazon Riverboat Exploration project has worked to set up long-term programs to conserve biodiversity and to develop protected areas and landscape strategies to safeguard wildlife (Bodmer & Puertas 2007). We work together with the local people because they are the true guardians of the forest, and information provided by our research can help them make appropriate decisions on how best to save the Amazon (MINAM 2012).

The results from this study have been used to inform climate change strategies—not only for Pacaya-Samiria National Reserve, but also for other regions in the Amazon. While these plans help to guide conservation efforts, they're not enough. New challenges emerge each year, rendering even the most up-to-date strategies obsolete. If it weren't for consistent, year-round monitoring, thanks to the support of Earthwatch volunteers, it would be impossible to discover and respond to these changes at all.



## RESEARCH AIMS

The goal of this project is to help develop dynamic conservation strategies in the western Amazon that confront the current threats from climate change. The purpose is to collect wildlife monitoring data to examine impacts of climate change on wildlife and livelihoods of local indigenous people, evaluate how sustainable use of fisheries and bush meat is being affected by climate fluctuations, understand adaptations, and examine mitigations using community co-management and economic incentives. Data collected from our project are used to help conserve wildlife and Amazon forests.

Successful conservation strategies in the western Amazon need to confront the major threats, including climate change, resource extraction, infrastructure development, and oil and mineral exploitation (GOREL 2011). This project is looking at climate change and resource extraction, and the recent dilemma that climate change has caused to conservation in the flooded forests. Community-based management has been shown to help conserve intact forests and wildlife species through sustainable use of bush meat and fisheries (Silvius et al 2004). However, local people are changing their patterns of hunting and fishing to adapt to recent impacts of climate fluctuations. This is causing a dilemma, since recent impacts of climate change on wildlife and fisheries are affecting the very people who are helping to conserve the Amazon. Adaptations by local people will need to include resource use changes that maintain intact forests and healthy biodiversity (MINAM 2012; GOREL 2011).

## HOW YOU WILL HELP

### MONITORING POPULATIONS

As an Earthwatch volunteer, you'll help the research staff survey animals, determine the size and composition of animal groups, determine distances to the animals, record information on datasheets, and weigh and measure animals. You'll also explore wildlife use and community-based conservation plans in local indigenous villages.

The overarching research questions are: What are the impacts of consecutive intensive floods and extreme droughts on the aquatic, terrestrial and arboreal species? You will help survey a variety of species that include, river dolphins, wading & aquatic birds, fishing bats, fish, caimans, large felids, giant river otter, ungulates and large rodents, macaws, primates, and game birds.

Population trends of these species will be correlated with water level data, which are categorized into normal, extreme drought and intensive flood conditions (Cook Espinoza et al. 2013; Cook & Vizy 2008).

## METHODS

Densities and abundances of species assemblages will be estimated annually in the Samiria River basin of the Pacaya Samiria National Reserve at the mouth and the upstream section of Taschacocho. Methods will differ between species assemblages and will include distance sampling, fixed width, line transects, catch-per-unit-effort, point counts, age structure and camera traps (Buckland et al. 2004).

The pink river dolphin (*Inia geoffrensis*) and the grey river dolphin (*Sotalia fluviatilis*) are used as indicator species for the aquatic ecosystem. Dolphin surveys are conducted in lakes, channels and rivers.

Macaws are used as general indicators of the terrestrial forests. The macaws in the Samiria River include the chestnut-fronted macaw (*Ara severus*), blue & yellow macaw (*Ara ararauna*), red-bellied macaw (*Orthopsitaca manilata*), scarlet (*Ara macao*) and red & green macaws (*Ara chloroptera*).

Wading birds are used as indicators of the aquatic ecosystem, especially as it relates to fish production. Two of the most common species seasonally migrate to the Samiria when the fish leave the flooded forests for the Marañon River. These are the Neotropical Cormorant (*Phalacrocorax brasilianus*) and the Great Egret (*Ardea alba*), which are good indicators of the number of fish produced in the flooded forests during the high water season.

Fish populations are surveyed to determine the impact of climate change on this important resource for local people. Surveys focused on species commonly used by Cocama indigenous people and are surveyed using gill nets and hook & line fishing.

Terrestrial mammals and game birds are surveyed to examine the impact of climate change on resource use species (bush meat species). Mammalian groups include species of primates, ungulates, rodents, carnivores, edentates, and marsupials. Game birds include guans, curassow, tinamous and trumpeters. Surveys are done on foot using trails of 2-3 kilometers.

Caiman surveys evaluate the status of caiman populations to study impacts of climate change. Species present in the Samiria River include Black caiman (*Melanosuchus niger*), Common or Spectacled Caiman (*Caiman cocodrilos*) and Smooth Fronted or Dwarf Caiman (*Paleosuchus trigonatus*). Surveys are done at night and include capturing and measuring caimans.

Monitoring fishing bats will be done by visual and acoustic count, and carried out at night.

Camera traps are better at surveying the secretive ground-dwelling species than terrestrial transects such as jaguars, pumas, tapirs, peccary, deer, anteaters and large rodents and nocturnal species such as opossums, armadillos, ocelots and pacas. Digital camera traps with heat/motion sensors will be used to photograph ungulates, rodents, cats, armadillos and other terrestrial species.

The giant river otters have been increasing in population and river otter groups will be recorded on any of the surveys.

# DAILY LIFE IN THE FIELD

## PLANS FOR YOUR TEAM



On research days, the team will split into groups of two to six people. We will do most activities each day, so you can participate in more than one survey in a day, and rotate tasks between days. A Peruvian field biologist and a local Cocama field assistant will accompany each group. At the end of the field day, you will help enter the data collected.

The daily schedule will likely vary, so we will very much appreciate your flexibility. All teams will help monitor dolphins, river otter, macaws, primates, terrestrial mammals, game birds, caimans, fish, wading birds and fishing bats.

During the course of the expedition, in addition to being trained on how to collect and record data in the field, you will learn how the data you're collecting will help conserve the Amazonian rainforests. Project staff members will give informal lectures, and lead practice exercises and question-and-answer periods on topics that may include the biodiversity, geography, and ecology of the Amazon region; history of the Amazon region and of the research site; population ecology of Amazonian wildlife; community-based conservation, impact of recent climate change, determining sustainable use of resources, and the importance of monitoring in protected areas of the Amazon region; socioeconomics of wildlife use in Loreto; local certification programs; and the future of the Amazon forests.



## DAILY ACTIVITIES

At the site, the surveys will run every day. You'll choose what surveys to participate in the next day at the 8:00 p.m. briefings. Early morning macaw and wading bird censuses are followed by breakfast. Terrestrial forest transects, dolphin, and fish censuses will depart after breakfast and return to the boat for lunch. Afternoon surveys depart after the lunch siesta. Fishing bats are done at dusk before dinner. After dinner, there will be an evening briefing followed by caiman censuses.

During free time, you can relax on the boat, enjoying the library and other spaces as you wish. Upon request, the crew may take you on short aluminum-canoe excursions.

### ITINERARY

<b>DAY 1</b>	Rendezvous; Arrive in Iquitos; team introductions; team dinner of local food in Iquitos; stay overnight in the Casa Morey.
<b>DAY 2</b>	Morning visit to the market, indigenous museum and maritime museum. Travel two hours on chartered bus to the town of Nauta. Board the research boat, orientation to project safety and research, navigate up the Marañon River, and talk on the ecology of the Amazon River.
<b>DAY 3</b>	Continue steaming upriver, talks on conservation strategies in the amazon, and wildlife surveys, methods, and working in the Amazon forests. Steam up Samiria River to field site.

### DAYS 4-12

Research days, including:

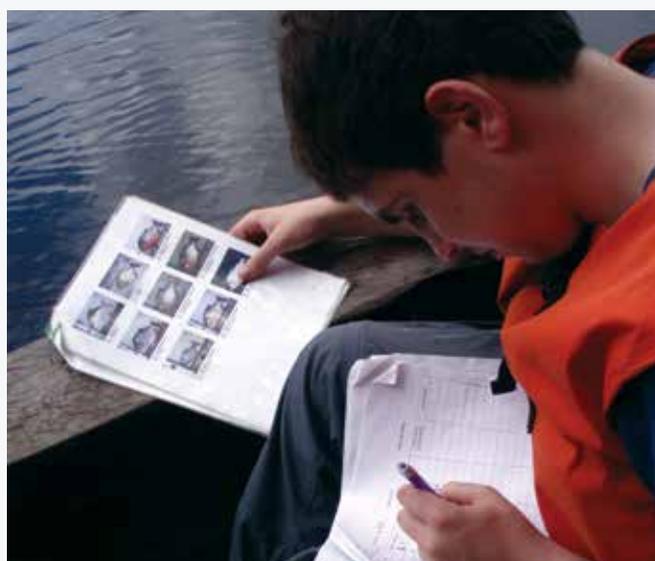
6:00-9:00 a.m.	Macaw & wading bird surveys
7:00 a.m.-12:00 noon	Terrestrial transects using forest trails
9:30 a.m.-1:00 p.m.	Dolphin & fish surveys
2:00-5:00 p.m.	Dolphin & fish surveys
4:00-7:00 p.m.	Macaw & wading bird surveys
6:30-7:30 p.m.	Fishing bat survey
8:00 p.m.	Research briefing
8:30-11:00 p.m.	Caiman survey

### DAY 13

Visit to local Cocama indigenous community. At the village, you may have the opportunity to visit the houses some of the field assistants, with whom you will be working alongside to complete the research tasks. You may help with the school turtle "headstarting" program, if possible. (Hatchling turtles are "headstarted" to restock the river, which will eventually be used for food.) You may also visit with local craftspeople to purchase local handcraft, which generates income for the local Mother's Club. Peruvian soles should be used for purchases. This visit involves some medium-level exertion due to the heat and some short walks. For these visits, it is useful (but entirely optional) for volunteers to bring a few educational materials for the children, such as booklets, pencils, pens, and other basic school supplies, and small toys for the younger children. Depart to Nauta after community visit.

### DAY 14

Arrive back at Nauta and take chartered bus to Iquitos. End of expedition.



# ACCOMMODATIONS AND FOOD

## ABOUT YOUR HOME IN THE FIELD



### CASA MOREY

Teams will stay at the Casa Morey Hotel on the first night. Built in 1913 by a wealthy rubber baron, Casa Morey was recently restored by the Earthwatch scientists and runs as a small hotel. The casa is in the city center, overlooking the Iquitos waterfront. It has air conditioning, a swimming pool, and a library, and includes breakfast.

### ON BOARD THE RIO AMAZONAS

This boat houses volunteers in 14 cabins. At 44 meters long and nine meters wide, the Rio Amazonas was once one of the largest rubber transport boats on the Peruvian Amazon. She was built in Scotland in 1899 as a rubber transport steamship, and, in the mid-1900s, transitioned into a cargo and passenger ship and regularly navigated the 2,000-mile route from Iquitos to Belem at the mouth of the Amazon. In the early 1980's she became a tourist boat.

### SLEEPING

This fully restored boat offers comfortable accommodations in single- and double-occupancy cabins. The Earthwatch scientist will make cabin assignments based on gender.

All cabins have single beds (no bunk or double beds), air-conditioning, a desk, and a wardrobe. Cabins and toilets are cleaned daily. Showers have hot/warm water. Linens are provided, bedding is changed for you, and laundry is done regularly (usually every couple of days). Laundry is also available for personal items for no fee.

### BATHROOMS

Each cabin has an attached private bathroom with a shower and a conventional toilet and sink. Towels, soap, shampoo, and toilet paper are provided.



## ELECTRICITY

The cabins and the rest of the boats have 220-volt electricity provided by a generator, which is on during the day and turned off between 11:00 p.m. to 5:00 a.m. to conserve energy, except on very hot nights and during navigation. The boat has both continental European plugs and US-style plugs (see picture). If you have US-style plugs that have one prong wider than the other—these don't fit in the boat's outlets, and you will need an adapter. Also, you may need a voltage converter for some 110-volt US appliances, though many cameras and battery chargers can accept either voltage; please check your equipment's requirements.

## PERSONAL COMMUNICATIONS

The rendezvous site in Iquitos has mobile phone reception and ground line access; however, while on the boat mobile phone reception will NOT be available.

Volunteers will have some access to a satellite email system. Emails can only go through the project email address (ayapua@uuplus.net), not through personal web-based email systems, so if you expect to receive an email, have the sender clearly indicate your name in the subject line. Likewise, either make sure the recipient knows to expect messages from this email address, or include your own name within the subject line. The same email address is shared by everyone on the boat, so please be aware that it is NOT private, and its use may be somewhat limited. Only messages containing text can be sent or received; the server will reject photos, images, and attachments.

Family and friends of volunteers should note that personal communication is not always possible while volunteers are on an expedition. Earthwatch encourages volunteers to minimize outgoing calls, and family and friends should restrict calls to urgent messages only.

## VOLUNTEER CONTACT INFO

**IQUITOS OFFICE TEL/FAX:** +51 65-231913

The boat is in daily communication with the office. These numbers are for emergencies and official business ONLY, not for personal communication.

## FACILITIES AND AMENITIES

We use the large, air-conditioned dining rooms for meals and lectures. Snacks, coffee, and tea are provided free of charge.

The boats have libraries that have field guides, academic and classic books on the Amazon, and all boats have upper sun decks.

In addition to the main boat, we use many auxiliary boats for the field activities: several large aluminum motorized skiffs (maximum capacity: 20 people), small aluminum canoes (maximum capacity: three people), one speedboat, and one 10-meter-long rubber-boom-era launch.

## FOOD AND WATER

The kitchen staff prepares breakfast, lunch, tea, and dinner, which are served buffet-style. While traveling, breakfast will be served from 7:00 to 9:00 a.m., lunch at 1:00 p.m., and dinner at 7:00 p.m. During field activities, meals will be available longer to accommodate different schedules: breakfast from 6:30 to 10:00 a.m., lunch from 12:00 to 2:00 p.m., and dinner at 7:00 p.m. Packed meals are provided for land-based surveys when needed.

All cooking is done with treated drinking water brought in from a licensed company. All porcelain, cutlery, and cooking materials are sanitized in a chloride solution. All non-cooked foods, such as salads, are prepared using latex gloves.

The following are examples of foods you may find in the field. Variety depends on availability. We appreciate your flexibility.

### TYPICAL MEALS

<b>BREAKFAST</b>	Coffee, tea, milk, toast with jam and butter, cereal, yogurt drinks, fruit drinks, oatmeal, eggs, pancakes, fruits, ham, cheese
<b>LUNCH</b>	Fish, beef, pork, poultry, or pasta; salad, soup, rice, potatoes, bread and butter, dessert, juice, coffee, tea
<b>TEA</b>	Freshly baked cake, tea, coffee
<b>DINNER</b>	Fish, beef, pork, poultry, or pasta; salad, soup, rice, potatoes, bread and butter, dessert, juice, coffee, tea
<b>SNACKS</b>	Biscuits, chocolate wafers, crackers, and chocolate bars
<b>BEVERAGES</b>	For drinking, we have treated water bought from a licensed company.

### SPECIAL DIETARY REQUIREMENTS

Please alert Earthwatch to any special dietary requirements (e.g., diabetes, lactose intolerance, nut or other food allergies, vegetarian or vegan diets) as soon as possible, and note them in the space provided on your volunteer forms.

The food service can accommodate vegetarian diets; however, it is recommended you bring some of your favorite snacks. Vegan meals are extremely difficult to accommodate. Please note that while efforts are made to provide fresh fruits and vegetables, they can be somewhat limited once navigating the river for the expedition.

# PROJECT CONDITIONS

## THE FIELD ENVIRONMENT

The information below is as accurate as possible, but conditions are subject to change.

The Amazon is hot and humid during the day, and although it cools off at night, the humidity stays high. The climate does not vary much throughout the year.

### GENERAL CONDITIONS

**HUMIDITY:** 80% to 90%

**TEMPERATURE RANGE:** 20°C/68°F to 35°C/95°F

**ANNUAL RAINFALL:** 2,000 mm/78 in to 3,000 mm/118 in

**ALTITUDE:** 80-m/262 ft. to 200-m/656 ft.

### WATER CONDITIONS

**TYPICAL WATER TEMPERATURE:** 18°C/64°F to 25°C/77°F

**TYPICAL WATER VISIBILITY:** 0.15 m/0.5 ft. to 0.3-m/1 ft.

**TYPICAL MAXIMUM WATER DEPTH:** 1.5 m/5 ft. to 14-m/45 ft.

**TYPES OF WATER ENVIRONMENT:** river and stream

**TIMING OF BOAT-BASED WORK:** day and night



### BOATING CONDITIONS

You will feel minimal movement during navigation on the main research boats. Auxiliary boats will be used for activities for about three hours per river survey. These boats have sun canopies for use during the dolphin and fish census, which happens when the sun is intense. Canopies will not be used during early morning or night censuses. There are no toilets on the auxiliary boats, but boat drivers can stop at a beach if necessary.

The rivers are usually calm, but can get choppy during storms or from wakes when large speedboats pass. During heavy storms the research boats will dock. Rainfall is heaviest from December to June, so there is a higher water level in these months. From July through November, the dry season, the water level is lower, but there still may be heavy rains.

### ESSENTIAL ELIGIBILITY REQUIREMENTS:

All participants must be able to:

- Follow verbal and/or visual instructions independently or with the assistance of a companion.
- Enjoy being outdoors and around water all day, in all types of weather, in the potential presence of wild animals, insects, and mold.
- Tolerate approximately 20°C (68°F) to 35°C (95°F) heat, direct sun, and high humidity levels.
- Be comfortable and maintain balance climbing in and out of small boats, walking on the deck of large research vessel, which can potentially be slippery at times, and climbing boat stairways.
- Sit on auxiliary boats for three to six hours per day on at least four days.
- Carry personal daily supplies such as water, rain gear, and some small field equipment.
- Function without a consistent source of electricity. Generators will not always run throughout the night; therefore, the project cannot accommodate electrical devices such as a C-PAP machine.
- Participants who choose to take part in terrestrial transects must be able to:
- Traverse cleared paths on dry forest trails and sometimes wet, very muddy terrain at a pace of one km per hour for up to six hours per day on three days or more, while carrying personal supplies and small field equipment.





# POTENTIAL HAZARDS

## AMAZON RIVERBOAT EXPLORATION

HAZARD TYPE	ASSOCIATED RISKS AND PRECAUTIONS
<b>TRANSPORTATION</b>	
On the Main Boat	Wear non-slip shoes when on the deck, and always use handrails when going up and down the stairs. Do not sit on rails, dangle feet over the deck, or enter the engine room. We have taken the following safety precautions: Life vests are readily available for all passengers and crew. Life rings are visibly placed along railings. Fire meeting points are pointed out to all passengers and crew. The boat crew is trained in emergency procedures, and all crewmembers are certified by the Peruvian Coast Guard and have official maritime marine documents. The Peruvian Coast Guard inspects the boat for safety prior to every departure.
On the Auxiliary Boats/Canoes	You must always wear a life vest when working from the auxiliary boats or canoes. You will always go with a boat guide in these smaller boats, and should not handle the outboard engines, nor enter the immediate engine area. All guides are trained in boat safety and handling. Canoes and auxiliary boats will never exceed their maximum capacity. All guides can swim, and can assist volunteers in an emergency.
Police/Coast Guard/Military Controls	The boat may have to pass through official security controls; please do not be alarmed by these. The captain and boat crew will deal with all controls. You should provide passport information when requested by the captain and/or officials at the controls.
Forest Transects/ Trails	Transect census walks can be very physically demanding and potentially dehydrating. Please bring a minimum of one to two liters (approx. 33 to 100 ounces) of drinking water on the transects. Walk slowly, and rest frequently if overheated. You must always wear field boots and field clothes. We also suggest using a walking stick (which you can cut in the forest) when going through muddy areas. Guides will also pace the walk in relation to the physical condition of volunteers and terrain. You will be informed about any potentially harmful plants along the trails, especially those with thorns. Thorns will be removed and treated with disinfectant solution and antibiotic cream. Messengers on foot will be used to alert the boat crew in case of emergency during terrestrial transects, because handheld radio signals are not reliable in the dense forest.
<b>ANIMALS</b>	
Handling Caimans and Fish	Handling caimans and fish is completely voluntary. Volunteers will only handle caimans and fish, including piranha, once project staff have properly secured the animals. You should wear leather gloves to handle any species of live fish. In the event of a bite, first aid will be administered and, depending on severity, the person may be taken to the nearest clinic.
Mosquitos	Mosquitos are most abundant inside the forest on terrestrial transects. Long sleeved shirts, mosquito net hats and insect repellent are the best ways to decrease annoyance.
Snakes	In the past 20 years of the project, a venomous snake has bitten no one. Nevertheless, harmful snakes, including fer-de-lance, bushmaster, and coral, do live in the area. Anti-venom is kept on the boat and can be applied in extreme cases, but the preferred alternative is to get the injured person to a clinic or hospital as soon as possible. Guides will carry extractors and pressure bandages into the field. All volunteers should wear rubber boots or snake guards when walking in the forest to protect their ankles, and should carefully examine any area where they walk or sit.
Insects	Biting and/or stinging bees, wasps, bullet ants, scorpions, and spiders are all present in the research area. Team members will occasionally be bitten or stung, but these injuries are usually not very severe. If anyone develops an allergic reaction, he/she will be taken to the nearest clinic. If you are allergic to insects, please discuss this with your doctor and bring appropriate medication (e.g., antihistamines, at least two Epi-Pens). Insect bites can get infected, so you should treat and clean any bites. To repel insects, please wear appropriate footwear and clothing, and bring insect repellent into the field. Do not touch trees without first checking for dangerous insects, and carefully examine any area where you intend to sit down. During the caiman surveys, volunteers should turn off flashlights/torches if wasps are present. Anti-red-eye flashes should also be turned off on cameras, and the person handling the spotlight should wear leather gloves.
Domestic Animals and Pets	Volunteers should not touch, pet, or handle any domestic animals at the guard posts, villages, or towns, including dogs, cats, chickens, ducks, or pet primates, parrots, macaws, and any other species.



Climate/Weather	<p>It will be hot and humid. You will need to protect yourself from the sun with appropriate clothing and sunscreen (at least 30 to 60 SPF) and drink plenty of water throughout the day to avoid dehydration. Some of the small auxiliary boats have sunshades, but the reflection off the water can still cause sunburn. After-burn cream will be available. Rehydration solution may be given to anyone who gets dehydrated. It can rain at any time of the year, so please bring light rain gear suitable for tropical climates. All volunteers should wear light, warm clothes during the early-morning macaw transects and the evening and night caiman surveys, which can be chilly.</p> <p>Because of the high humidity, those using hearing aid devices may find they don't work properly.</p>
Personal Security	<p>Always stay with a group when the boat makes stops along the river. We advise against attending late-night activities when in Iquitos. In case of a problem when you are away from the boat, you should contact the nearest police station or consulate. Local authorities will be contacted in case of any illegal activity.</p>
Swimming	<p>Swimming is not permitted on this project.</p>
Distance from Medical Care	<p>The nearest clinic is 23 kilometers (15 miles) away from the project site, and it may take up to an hour to arrange transport and reach the clinic. The nearest hospital is a clinic in Nauta and is approximately 100 kilometers (62 miles) from the site and takes at least three hours to reach by speedboat. The hospital in Iquitos is 200 kilometers (124 miles) from the site and takes approximately five hours to reach. If you have a chronic condition which could require immediate medical care (e.g., heart conditions, kidney problems, severe asthma, etc.), or if you are pregnant, please discuss your participation on this expedition with your physician.</p>
Diseases	<p>Traveler's diarrhea affects many international travelers. Diseases found in tropical regions may also include dengue fever, Zika virus, cholera, tuberculosis, filariasis, leishmaniasis, onchocerciasis, trypanosomiasis, schistosomiasis, strongyloidiasis, hepatitis, leptospirosis, chikunguya, polio, tick-borne encephalitis, plague, and typhoid. Please see the US Centers for Disease Control and Prevention (<a href="http://cdc.gov">cdc.gov</a>) or the World Health Organization (<a href="http://who.int">who.int</a>) websites for more information on these conditions and how to avoid them.</p> <p>You can decrease your risk of most diseases above by avoiding mosquito bites, wearing protective clothing and shoes, practicing good hygiene, and drinking only bottled or filtered water when appropriate.</p> <p>If you feel ill once you return from your trip, make sure you inform your doctor that you have recently returned from a tropical region.</p> <p>A few notes on vaccinations and treatment:</p> <ul style="list-style-type: none"> <li>• <b>MALARIA:</b> Chloroquine-resistant malaria is endemic to the Peruvian Amazon, and has been frequently reported along the route to Samiria in towns such as Nauta. Volunteers should speak with their doctors about prophylaxis medication.</li> <li>• <b>RABIES:</b> Vaccinations are generally recommended for this expedition given the potential contact with wildlife, with the main concern being stray dogs and vampire bats. The rabies pre-exposure vaccination consists of three doses over a 28-day period. Please be sure to consult your physician or travel health clinic well before your expedition to ensure that you have time for the full vaccination series. If you have previously been vaccinated, a booster shot may be required.</li> </ul> <p>Whether you have been vaccinated or not, always avoid loose and stray dogs. The pre-exposure vaccination does not eliminate the need for post-exposure medical attention and treatment, but it does provide additional protection against the disease in event of a delay in treatment. In addition, bites or scratches should be immediately and thoroughly washed with soap, clean water, and a topical povidone-iodine solution or ethanol.</p>
Contact lenses and eye infections	<p>If you require contact lenses for vision, it is recommended that you bring glasses as an alternative. Glasses must be used on surveys and during village visits. Eye infections can occur if you wear contact lenses in the Amazon. The eye infections can be serious and result in coronary transplants according to local doctors. Contact lens can be used on the larger research boat, Casa Morey and AC Bus, but not on any of the field surveys, land or water. You should bring your eyeglasses and prescriptions sunglasses (and an extra set if you have one) if you would require your lenses for daily use or for the research activities described in this briefing.</p>



# HEALTH & SAFETY

## AMAZON RIVERBOAT EXPLORATION



### EMERGENCIES IN THE FIELD

The boat is equipped with a satellite telephone and short-wave radio for project and emergency use. Daily communication is maintained with the office in Iquitos.

For emergency assistance in the field, please contact Earthwatch's 24-hour emergency hotline number on the last page of this briefing. Earthwatch is available to assist you 24 hours a day, 7 days a week; someone is always on call to respond to messages that come into our live answering service.

### IMMUNIZATIONS & TRAVEL VACCINATIONS

Please be sure your routine immunizations are up-to-date (for example: diphtheria, pertussis, tetanus, polio, measles, mumps, rubella and varicella) and you have the appropriate vaccinations for your travel destination. Medical decisions are the responsibility of each volunteer and his or her doctor, and the following are recommendations only. Visit the Healix Travel Oracle website through the "Travel Assistance and Advice" page in your Earthwatch portal, [cdc.gov](http://cdc.gov) or [who.int](http://who.int) for guidance on immunizations.

If traveling from countries or region where yellow fever is endemic, you must have a certificate of vaccination.



# TRAVEL TIPS

## SUGGESTIONS FOR THE ROAD

### YOUR DESTINATION

**LANGUAGE:** Spanish. Although the project is conducted in English, most staff members are native Spanish-speakers, and we suggest you learn a few Spanish phrases to get the most out of your trip.

**TIME ZONE:** GMT/UTC - 5 (same as Eastern Standard Time in the U.S.).

**CULTURAL CONSIDERATIONS:** The team will visit conservative villages, so please do not wear tight or revealing clothing. During these visits, you may take photos: the locals enjoy being photographed. The children love small toys, like the ones that come with kids' fast food meals, so you may wish to bring a few of these. The project helps the villages with other basic materials, especially school supplies for primary education. Gifts are strictly voluntary on your part.

**LOCAL CURRENCY:** Peru nuevos soles (PEN). We suggest bringing a Visa or MasterCard for withdrawing cash from ATMs, which are available in Iquitos. You cannot change money into nuevos soles on the boat, so you may wish to do so before departing Iquitos. Many businesses in Iquitos will also accept credit cards. Alternatively, you can bring US dollars for exchange, but they must be in good condition (crisp and like new), without any damage. You may use US dollars or Peru nuevos soles, and Visa, MasterCard and American Express credit cards to pay Casa Morey bills.

In Iquitos, you can purchase food and souvenirs, but on the boat, you can't buy anything other than some local handicrafts from the Cocama villages.

### COUNTRY AND PROJECT ENTRY REQUIREMENTS

Entry visa requirements differ by country of origin, layover, and destination, and do change unexpectedly. For this reason, please confirm your visa requirements at the time of booking and, again, 90 days prior to travel. Please apply early for your visa (we recommend starting 6 months prior to the start of your expedition). Refunds will not be made for volunteers cancelling due to not obtaining their visa in time to meet the team at the rendezvous. You can find up to date visa requirements via one of the following sites:

[www.passportsandvisas.com](http://www.passportsandvisas.com)  
[www.travisa.com](http://www.travisa.com)

If a visa is required, participants should apply for a TOURIST visa. Please note that obtaining a visa can take weeks or even months. We strongly recommend using a visa agency, which can both expedite and simplify the process.

Generally, passports must be valid for at least six months from the date of entry and a return ticket is required.

### CONTACT INFORMATION

You may be required to list the following contact information on your visa application and immigration form, or if your luggage does not make it to baggage claim at your destination:

**Casa Morey Hotel**  
Raimondi con Loreto  
Plaza Ramon Castilla  
Iquitos, Peru  
**TEL:** +(51-65) 231 913



# TRAVEL PLANNING

## RENDEZVOUS AND DEPARTURE INFORMATION

### RENDEZVOUS

**LOCATION:**

Casa Morey Hotel  
Raimondi con Loreto at the Plaza Ramon Castilla  
Iquitos, Peru

**TEL:** +51-65-231913

[Casamorey.com](http://Casamorey.com)

**DATE:**

**Team 1P:** Aug. 5, 2018

**TIME:** 7:30 p.m. or earlier.

### HOW TO MEET YOUR TEAM

The Picerne Family Foundation will make round trip flight arrangements and pay for airfare from Los Angeles International Airport (LAX) to Iquitos airport (IQT) for the GSP group. This includes travel through Lima (LIM). GSP students may not make separate travel arrangements, and must travel with the GSP group to and from Peru. The teacher leading the expedition will give specific flight information to students when flight arrangements have been finalized. A Casa Morey staff member will meet you outside the baggage pickup area in Iquitos (IQT), and provide transport to the Casa Morey hotel.

The team will gather for a local dinner in Iquitos and a briefing at 7:30 p.m. on Day 1 at the Casa Morey (dinner is included in your expedition cost). On the morning of Day 2, you will visit the market, indigenous museum, and the maritime museum, then board the bus to Nauta.

### ARRIVING EARLY

Please do not arrive early at the project site.

### ARRIVING LATE

If your flight is delayed and/or you miss the rendezvous, call the Casa Morey at +51 65-231913. A speedboat must be chartered to bring you to the boat if it has left, which will cost about \$150 per person. Staff at the Casa Morey will arrange the airport transfer and the speedboat.

If you are unable to reach a project staff member/ the Casa Morey, please contact Earthwatch's 24-hour emergency hotline number on the last page of this briefing.

### DEPARTURE

**LOCATION:** Iquitos Airport (IQT)

**DATE:** **Team 1P:** Aug. 18, 2018

**TIME:** A group flight will be booked for you the evening of the last day.

**NOTE:** Early departures cannot be accommodated except in cases of emergency. Before leaving a project early for any reason you must sign an Earthwatch release form.

When the expedition ends on day 14, the team will return to Iquitos and you will be dropped off at the Iquitos airport in time to meet your evening flight.





# EXPEDITION PACKING LIST

## WHAT TO BRING

### EXPEDITION PACKING CHECKLIST

#### GENERAL

- This expedition briefing
- Your travel plans, rendezvous details, and Earthwatch's emergency contact information
- Photocopies of your passport, flight itinerary, and credit cards in case the originals are lost or stolen; the copies should be packed separately from the original documents
- Passport and/or visa (if necessary)
- Certification of vaccination (if necessary)
- Documentation for travel by minors (if necessary)

#### CLOTHING/FOOTWEAR FOR FIELDWORK

- Synthetic quick-dry or light cotton pants
- Shorts
- Synthetic quick-dry or light cotton long-sleeved shirts
- T-shirts and/or short-sleeved shirts
- Sweater or light jacket
- Socks
- Rain gear, such as a light poncho
- Rubber boots are much better on the muddy and wet trails than hiking boots and help protect against snakebites. If you don't want to pack rubber boots, you can purchase them in Iquitos. The project has some pairs to lend, but if you have an uncommon size, please bring a pair.
- Nonslip, closed-toed shoes (not open sandals) for the boat decks and river based surveys
- Sun hat
- Earthwatch T-shirt

#### CLOTHING/FOOTWEAR FOR LEISURE

- At least one set of clothing to keep clean for end of expedition

#### FIELD SUPPLIES

- Small daypack
- Drybag or plastic sealable bags (good for protecting equipment like cameras from dust, humidity, and water)
- Insect repellent spray
- Water container able to hold at least one liter (the project can supply empty plastic soda bottles if you do not wish to bring your own)
- Flashlight with extra bulbs and batteries (headlamps are not recommended, since they attract insects toward your eyes).

#### BEDDING AND BATHING

- Bedding and towels are provided at the hotel and on the boat.

#### PERSONAL SUPPLIES

- Personal toiletries (biodegradable soaps and shampoos are encouraged)
- Personal first-aid kit (e.g., anti-diarrhea pills, antibiotics, antiseptic, itch relief, antibacterial wipes or lotion, pain relievers, bandages, blister covers, etc.) and personal medications
- Sunscreen lotion with SPF 30 or higher
- Sunglasses
- Spending money; crisp bills in low denominations are more widely accepted.

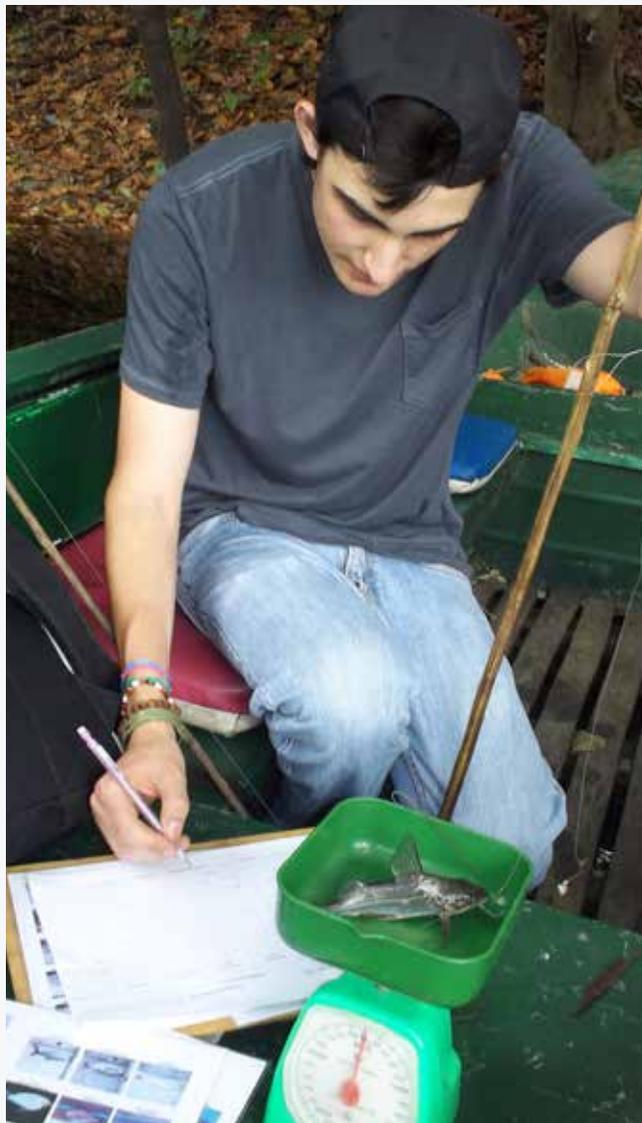


## EXPEDITION PACKING CHECKLIST

### OPTIONAL ITEMS

- Travel guidebook
- Field guide
- Shower shoes (flip-flops or other rubberized sandals)
- Travel alarm clock (the crew can also wake you up if you ask)
- Binoculars (the higher the quality and magnifying power, the happier you will be)
- Favorite music
- Mosquito net hat
- Pocket knife (be sure to pack this in your checked luggage and not your carry-on)
- Favorite snacks, particularly if you follow a restricted diet
- Small, handheld fan (useful for keeping sand flies away; can also be purchased very inexpensively in Iquitos)
- Simple school supplies for the local children (pens, pencils, paper, rulers, etc.), or other small gifts
- Camera, film or memory card(s), extra camera battery
- Hardware for sharing digital photographs at the end of the expedition
- Books, games, art supplies, etc. for free time
- Earplugs for light sleepers

**NOTE:** Do not bring more luggage than you can carry and handle on your own. If traveling by air and checking your luggage, we advise you to pack an extra set of field clothing and personal essentials in your carry-on bag in case your luggage is lost or delayed.



# PROJECT STAFF

## YOUR RESOURCES IN THE FIELD



**NOTE:** The specific staff scheduled to run your team is subject to change.

**EARTHWATCH SCIENTIST DR. RICHARD E. BODMER** was born in England and spent his youth in Chicago, where he worked with the Brookfield Zoo. He completed his PhD in zoology at the University of Cambridge in England, and has received two Presidential Awards from the Chicago Zoological Society. He has worked in the Pacaya-Samiria National Reserve for over 20 years. Present on all teams.

**EARTHWATCH SCIENTIST TULA FANG** was born in Iquitos, Peru and spent her youth in the Amazon. She completed her MSc at the Durrell Institute of Conservation and Ecology at the University of Kent, England, and began her research career working with primates in the Tamshiyacu-Tahuayo Community Reserve in Peru.



**KIMBERLY CHOTA PINEDO**, from Iquitos, studied biology at the National University of the Peruvian Amazon. She did her research thesis on the Amazon River dolphins and has worked with the other survey methods for several years. Present on all teams.

**JOSEPH ZEGARRA** is also from Iquitos and studied biology at the National University of the Peruvian Amazon. He did his research thesis on the understory birds and has worked with the other survey methods for several years. Present on all teams.

**ABEL GOMEZ** has assisted with the dolphin and caiman research and terrestrial transect surveys for the past two years. He is a Peruvian biologist who did his thesis on community conservation at the Scientific University of Peru.



**PLEASE NOTE:** Additional biologists from the Durrell Institute of Conservation and Ecology - DICE and the Peruvian Amazon's national and private universities will also join the expeditions to help with the monitoring surveys and community visits as part of our capacity-building program. Also, depending on scheduling and the availability of funding, one or more other research collaborators may join the teams.



# RECOMMENDED READING

## YOUR RESOURCES AT HOME

### RESOURCES

#### ARTICLES

- Bodmer, R., T.G. Fang, P. Puertas, M. Antunez and K. Chota. 2016. Impact of Climate Change on Wildlife in Flooded Forests of the Peruvian Amazon. In CBD Technical Series (due out in November 2015).
- Bodmer, R. 2005. Hunting for Conservation in the Amazon Rainforests. In: State of the Wild: A Global Portrait of Wildlife, Wildlands and Oceans
- Bodmer, R., P. Puertas, and T.G. Fang. 2008. Co-managing Wildlife in the Amazon and the Salvation of the Pacaya-Samiria National Reserve in Peru. In: Manfredo, M. et al (eds.). Wildlife and Society.

#### BOOKS

- Bodmer, R. 2014. Pacaya-Samiria: Land of Mirrors. Wust Publications. Available on board.
- Hemming, J. 2009. Tree of Rivers: The Story of the Amazon
- Grann, D. 2010. The Lost City of Z: A Tale of Deadly Obsession in the Amazon
- Lange, A. 2011. In the Amazon Jungle
- Silvius, K., Bodmer, R., and J. Fragoso. 2004. People in Nature: Wildlife Conservation in South and Central America

#### FIELD GUIDES

- Clements, J.F. and N. Shany. 2001. A Field Guide to the Birds of Peru.
- Schulenberg, T.S. et al. 2010. Birds of Peru.
- Kricher, J. 1999. A Neotropical Companion.
- Bernard, H. 2002. Insight Guide: Amazon Wildlife.
- Emmons, L.H. and Fea, F. 1997. Neotropical Rainforest Mammals: A Field Guide (2nd ed.).
- Bright, M. 2000. South America Revealed: A Wildlife Guide From Andes to Amazon.

#### PROJECT FIELD REPORT

- Each Earthwatch-supported project submits a field report on past research and results. The most recent for this project is available online at [earthwatch.org/scientific-research/reports-from-the-field](http://earthwatch.org/scientific-research/reports-from-the-field). (Reports not available for all projects.)

#### PROJECT-RELATED WEBSITE

- **Latin American Wildlife Society:** <http://comfauna.org/> (in Spanish)
- **FundAmazonia:** [fundamazonia.org](http://fundamazonia.org)
- **Dr. Bodmer's homepage:** [kent.ac.uk/sac/staff-profiles/profiles/conservation-biology/research-and-pt-staff/bodmer-richard.html](http://kent.ac.uk/sac/staff-profiles/profiles/conservation-biology/research-and-pt-staff/bodmer-richard.html)
- **Pacaya-Samiria National Reserve:** [pacaya-samiria.com/](http://pacaya-samiria.com/)
- **Museums:** [historicboatmuseum.com](http://historicboatmuseum.com)

#### EARTHWATCH SOCIAL MEDIA

- **FACEBOOK:** [facebook.com/Earthwatch](https://www.facebook.com/Earthwatch)
- **TWITTER:** [twitter.com/earthwatch\\_org](https://twitter.com/earthwatch_org)
- **INSTAGRAM:** [instagram.com/earthwatch](https://www.instagram.com/earthwatch)
- **BLOG:** [earthwatchunlocked.wordpress.com](http://earthwatchunlocked.wordpress.com)
- **YOUTUBE:** [youtube.com/earthwatchinstitute](https://www.youtube.com/earthwatchinstitute)



# LITERATURE CITED

## YOUR RESOURCES AT HOME

### LITERATURE CITED

- Bodmer, R., Fang, T., Puertas, P., Antúnez, M., Chota, K. and W. Bodmer. 2014. Cambio Climático y Fauna Silvestre en la Amazonía Peruana: Impacto de la Sequía e Inundaciones Intensas en la Reserva Nacional Pacaya Samiria. Eds Wust, Lima, Peru.
- Bodmer, R.E. y P.E. Puertas. 2007. Impacts of Displacement in the Pacaya-Samiria National Reserve, Perú. En: Protected Areas and Human Displacement: A Conservation Perspective. Redford, K.H. y E. Fearn (eds). WCS Working Papers 29:29-33.
- Buckland, S.T., Anderson, D.R., Burnham, K.P., Laake, J.L., Borchers D.L. and L. Thomas. 2004. Advanced Distance Sampling. Oxford University Press, Oxford.
- Cook, K. H. y E. K. Vizy. 2008. Effects of twenty-first-century climate change on the Amazon rainforest. J. Climate 21:542-560.
- Espinoza JC., Ronchail J., Frappart F., Lavado W., Santini W., Guyot JL., 2013. The major floods in the Amazonas River and tributaries (Western Amazon basin) during the 1970 – 2012 period: A focus on the 2012 flood. Journal of Hydrometeorology 14: 1000-1008.
- GOREL. Gobierno Regional de Loreto. 2011. Estrategia Regional de Cambio Climático. GOREL- Gerencia Regional de Recursos Naturales y Gestión del Medio Ambiente, Comisión Ambiental Regional de Loreto, Iquitos, Perú.
- Ministerio del Ambiente del Perú MIAM. 2010. El Perú y el Cambio Climático, Segunda Comunicación Nacional del Perú a la Convención Marco de las Naciones Unidas sobre Cambio Climático 2010. MIAM, Lima, Perú.
- Silvius, K., Bodmer, R.E. and J. Fragoso (eds.). 2004. People in Nature: Wildlife Conservation in South and Central America. Columbia University Press, New York.





# EMERGENCY NUMBERS

## AROUND-THE-CLOCK SUPPORT



### **EARTHWATCH'S 24-HOUR EMERGENCY HOTLINE**

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Call Earthwatch's 24-hour on-call duty officer in the U.S.:

+1 (978) 461.0081

+1 (800) 776.0188 (toll-free for calls placed from within the U.S.)

After business hours, leave a message with our live answering service. State that you have an emergency and give the name of your expedition, your name, the location from which you are calling, and if possible, a phone number where you can be reached. An Earthwatch staff member will respond to your call within one hour.

### **TRAVEL ASSISTANCE PROVIDER: HEALIX INTERNATIONAL**

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+44.20.3667.8991 (collect calls and reverse charges accepted)

**U.S. TOLL FREE:** +1.877.759.3917

**U.K. FREE PHONE:** 0.800.19.5180

**E-MAIL:** earthwatch@healix.com

You may contact Healix International at any time. They can assist in the event of a medical or evacuation emergency or for routine medical and travel advice, such as advice on visas and vaccine requirements.

### **FOR VOLUNTEERS BOOKED THROUGH THE EARTHWATCH AUSTRALIA OFFICE:**

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### **Earthwatch Australia 24-Hour Emergency Helpline**

+61.0.3.8508.5537



# MESSAGE FROM EARTHWATCH

DEAR EARTHWATCHER,

Thank you for joining this expedition! We greatly appreciate your decision to contribute to hands-on environmental science and conservation. It is volunteers like you who fuel our mission and inspire our work.

While at Earthwatch, I've had the opportunity to field on a few expeditions, most recently in Kenya with one of my daughters. Each expedition has touched me deeply, and made me proud to be able to roll up my sleeves alongside my fellow volunteers and contribute to such meaningful work.

As an Earthwatch volunteer, you have the opportunity to create positive change. And while you're out in the field working toward that change, we are committed to caring for your safety. Although risk is an inherent part of the environments in which we work, we've been providing volunteer field experiences with careful risk management and diligent planning for nearly 45 years. You're in good hands.

If you have questions as you prepare for your expedition, we encourage you to contact your Earthwatch office. Thank you for your support, and enjoy your expedition!

Sincerely,

A handwritten signature in black ink that reads "Scott Kania". The signature is written in a cursive, flowing style.

Scott Kania  
President and CEO, Earthwatch



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