

Travel Health and Safety Information

The Center for Disease Control (CDC) provides detailed health and travel vaccination Information for travelers to South Africa. The U.S. Department of State provides country-specific information about safety and security for South Africa. Below are links and information for these web sites and information about local immunizations:

- **Center for Disease Control (CDC):**
http://wwwnc.cdc.gov/travel/destinations/traveler/none/south-africa?s_cid=nceqid-dgmq-travel-single-001. Contact CDC with questions by telephone at 1 800-232-4636.
- **U.S. Department of State:** <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/SouthAfrica.html>.
- **Immunizations in San Diego County:** The County of San Diego Public Health Centers does not provide free or low-cost vaccines needed for travel. Information travel vaccines and immunizations in San Diego County can be found at <http://www.sdiz.org/>.
- **Health Care Provider:** Contact your health care provider to determine which immunizations are appropriate. Find out if your doctor provides immunizations and how much immunizations cost. Travel immunizations are not a covered expense by many health insurance providers. However, some health insurance providers report that travel immunizations are a covered benefit with a member's typical co-payment.